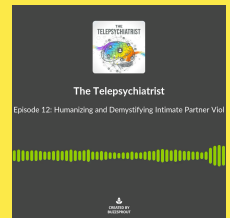


The Telepsychiatrist Newsletter

Hello!

Thank you so much for subscribing. I hope you'll find some of this background information interesting.

Episode 12 will be airing today, at approximately...now! In this episode, I interview 2 mental health professionals. One is an expert on Intimate Partner Violence (IPV) and the other is a survivor of IPV. I met these two inspiring women while taking a continuing medical education course focused on women’s mental health. The course happened to be on a cruise ship through Alaska, so it wasn’t such a bad way to learn! Dr. Zappert was the instructor and during her lecture, one of the participants, a social worker from Kentucky named Deena, was courageous enough to share her own experience with IPV. Thankfully, they agreed to be interviewed for the podcast and more than anything, they want all of you, to have a better understanding of IPV. This is a highly prevalent problem effecting 10’s of millions of Americans.



Visual Soundbite

Check it out on social media!



Dr. Zappert and I on interview day



Random Alaskan Whale Tail

1

CLICK FOR INSTAGRAM

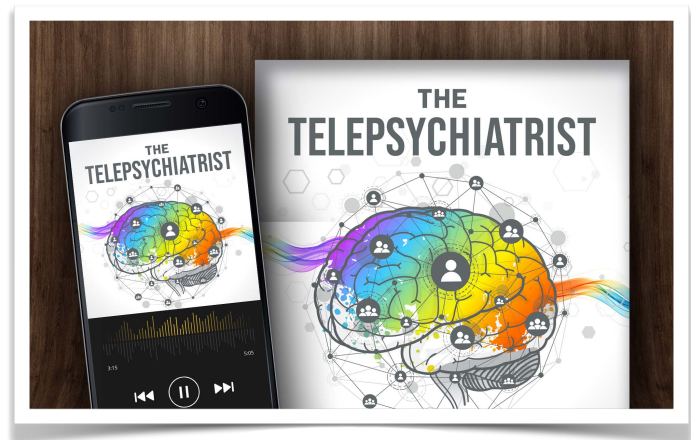
2

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- Over 43 million women and 38 million men have experienced psychological aggression by an intimate partner in their lifetime.
- About 1 in 4 women and nearly 1 in 10 men have experienced contact sexual violence, physical violence, and/or stalking by an intimate partner during their lifetime and reported some form of IPV-related impact.



National Domestic Violence Hotline
Hours: 24/7. Languages: English, Spanish and 200+ through interpretation service

800-799-7233

<https://www.thehotline.org>

Click [HERE](#) for episode.

**I HOPE THIS HELPS YOU OR SOMEONE YOU KNOW.
PLEASE FEEL FREE TO SHARE**

Sincerely,

Jodi Midiri, MD

Website and Newsletter: <https://thetelepsychiatrist.org/>

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