

Hellooooo Listeners! ;)

Thank you so much for subscribing to The Telepsychiatrist Newsletter. I hope you'll find some of this background information interesting.

Episode 2 will be airing today, March 5th at approximately...now! In this episode I interview my dear patient Amy. I have been working with her for about a year in an outpatient setting. I really enjoy talking to Amy because she is so articulate and genuine. I knew she would be able to talk about her experience with grace. Amy was diagnosed a little over a year ago with Bipolar Disorder. She had very few signs before she developed the illness. Yet, true to Amy's character, she continues to grow.

In this episode, Amy mentions a book that was really helpful to her called The Bipolar Disorder Survival Guide. I reached out to the author to let him know we'd be including a link to his book, and to thank him for his thoughtful words. He was kind enough to reply:

*Hi Jodi,*

*How nice! Thank you and I look forward to hearing the podcast. Good luck.*

*David J. Miklowitz, Ph.D.*

A clip of the episode is attached to this email, and is social media friendly, if you care to share. The full episode can be heard here: <https://www.buzzsprout.com/1924996/10189129>

Remember, you can hear ALL of the episodes by subscribing through google, apple, spotify, or any other podcast platform.

I hope this helps you, or someone you know. Please feel free to share.

Best,

Jodi Midiri, MD