

# The Telepsychiatrist Newsletter

Hello!

Thank you so much for subscribing. I hope you'll find some of this background information interesting.

Episode 7 will be airing today, June 22nd at approximately...now! In this episode, I interview a young, up-and-coming doctor, Nora Ayola of Cartagena, Colombia. As we discuss in the episode, Colombia used to be stricken by internal conflicts, but now has grown into a beautiful city full of music, dance, and friendly faces. After our interview, we had the opportunity to go out to lunch with Dr. Nora and enjoy the local cuisine - yum!

Remember, you can hear ALL of the episodes by subscribing through google, apple, spotify, or any other podcast platform. For a direct link to the episode, you can click [HERE](#)

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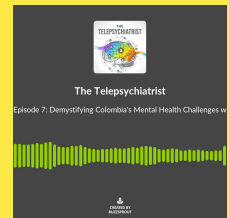
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## Visual Soundbite

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### Dr. Nora

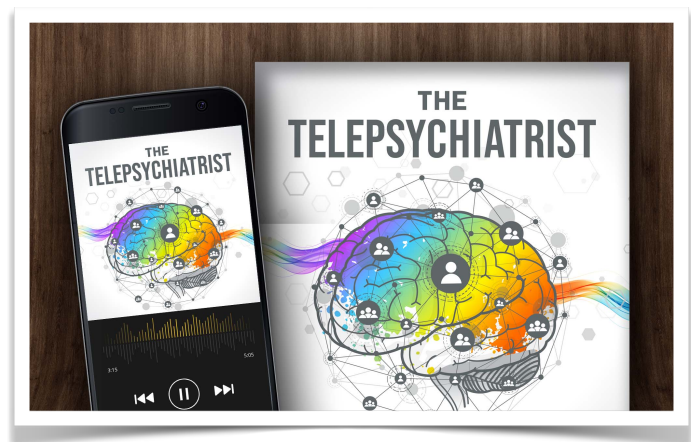
On interview day



### Dr. Midiri

On interview day

## The beautiful streets of Cartagena



## Quote from episode

"These revolutions, these civil wars that were fought on our lands, had a lot of impact because we were raised with fear. For some people it wasn't only a fear, but a reality"

- Dr. Nora Ayola on the impact of Colombia's history of internal conflicts

I HOPE THIS HELPS YOU OR SOMEONE YOU KNOW.  
PLEASE FEEL FREE TO SHARE

Sincerely,

*Jodi Midiri, MD*

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