

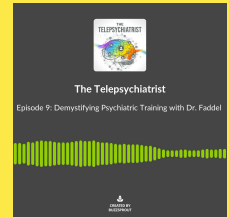
The Telepsychiatrist Newsletter

Hello!

Thank you so much for subscribing. I hope you'll find some of this background information interesting.

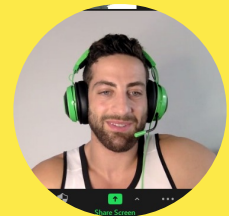
Episode 9 will be airing today, at approximately...now! In this episode, I interview a psychiatrist in the making, Dr. Faddel Chouman. Right now, Dr. Chouman is thriving in his really supportive program at The University of Central Florida. Our interview reminded me of my time at The University of Illinois, the program I loved and graduated from. But, what I wasn't prepared for, was how it also reminded me of darker days...

During the interview, I tread lightly about my residency experience. But, I'm ready to be frank about it in this newsletter. My first year of residency at Henry Ford in Detroit, Michigan was one of the worst years of my life. My program director at the time was everything a program director should not have been. To give you an



Visual Soundbite

Check it out on social media!



Dr. Chouman on Interview Day



Dr. Chouman looking doctorly

1

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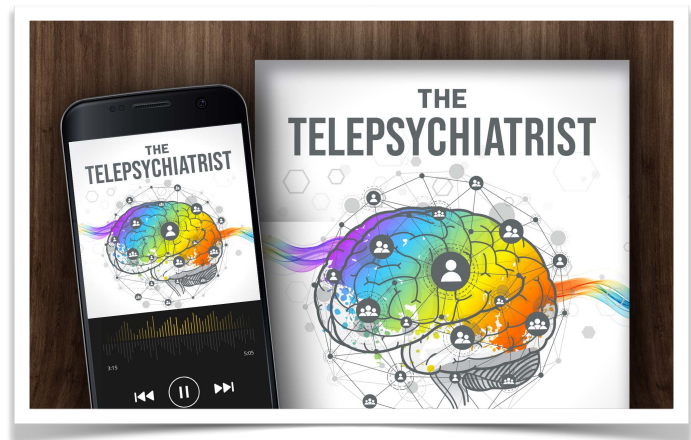
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example, there were residents prior to me who had problems with him and were petrified to speak about the situation. There was a resident after I left who tracked me down because he was also having problems and asked me if I would be willing to go to court against the director. It was brutal, and no one wanted to be associated with his new target, me. I was stuck. If I was fired, all of my hard work would have been for nothing, and my dream of becoming a doctor would be over; because of one man who had no right being in a leadership role. I could not continue. He was actively intimidating me and I was having nightmares and panic attacks. I was granted a medical leave, and by some grace, found another program. The director was reported to Graduate Medical Education (ACGME) and while an "investigation" was carried out, they



did little to protect me personally. So, I dedicate this podcast to that director, Dr. Deepak Prabhakar, the ACGME, those who turned a blind eye, and all the other atrocities that taint the practice of medicine, squelch spirits, and are the very antithesis of healing. Because without them, I could not have transcended them. And as Dr. Chouman wisely states in this interview, "If every life choice that was bad got me to where I am today, then so be it. I'll live with that. I'm really happy now."

**I HOPE THIS HELPS YOU OR SOMEONE YOU KNOW.
PLEASE FEEL FREE TO SHARE**

Sincerely,

Jodi Midiri, MD

Website and Newsletter: <https://thetelepsychiatrist.org/>

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